

October 4, 2020



To all pregnant women and their partners in our practice,

Because the corona infections continue to increase, it is again necessary to adjust our measures.

- We urge you to wear a **face mask** when you come to the practice for a check-up. We are in line with our colleagues in the region and the hospitals. Because it is not yet clear how much wearing a face mask contributes to reducing the risk of infection, the following points remain at least as important:

- We ask you again to come **ALONE** to your pregnancy check-ups whenever possible. As a partner you are welcome wearing a face mask during the ultrasounds and the conversation about the delivery, **UNLESS** you have corona-related complaints.
- Children or other persons are unfortunately really not welcome yet.

Disinfection is ready for your hands when you enter and we ask you to keep as much as possible 1.5 meters distance from other clients and from us. Do **NOT** come to the practice if you have corona-related complaints, but call us to discuss what is advisable. Get tested and stay home. Even if you have to quarantine because of a (possible) contamination from close contact or a trip abroad: call us to reschedule your appointment!

The agreements for delivery and maternity bed remain unchanged, we will physically visit you at least twice during the maternity bed and do the other checks by telephone. Always in consultation with you and also looking at what is medically responsible.

Home birth: if you would like an extra person to be present at your delivery in addition to your partner: discuss this with us in advance during the consultation hours. In the hospital, no extra person may be present besides your partner. We follow the guidelines of the relevant hospital or birth center.

We do everything we can to protect you and ourselves against possible contamination and / or a quarantine period. As a pregnant woman you want to run as little risk as possible and we also want to prevent ourselves from falling out: only then can we continue to provide optimal care and be there for you where necessary!

Feel free to call us if you have any concerns or questions, we are available 24/7!

088-4300430 or info@delekbrug.nl. You will always find the latest updates on our website www.delekbrug.nl. You can also follow us on facebook or instagram.

Dear all, stay healthy and take care of each other!

Sincerely,

Midwives and assistants from De Lekbrug